

# PARMA HEIGHTS FLAG FOOTBALL

## 2018

- WHO:** Boys and Girls ages 5-10 (before October 15<sup>th</sup>) for the 2018/2019 school year.
- WHEN:** Registration will be on Wednesday, June 20<sup>th</sup> from 4:30 p.m. to 6:30 p.m. On line registration will be available June 1<sup>st</sup> to July 15<sup>th</sup>.
- WHERE:** Parma Heights City Hall Recreation Department, 6281 Pearl Road.
- FEE:** Cost will be \$40.00 due at the time of registration. Cash or check (made payable to City of Parma Heights) will be accepted, we are unable to accept credit/debit cards. A \$10.00 late fee will be added beginning August 20<sup>th</sup>.

If you have any questions you can contact us at 440-884-9606 or [recreation@parmaheightsoh.gov](mailto:recreation@parmaheightsoh.gov)

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- Practice starts in the month of August, games will be played in September and October.
  - Regular season games will be played at N.E.O. Soccer (6200 Pearl Road). All games will be on Saturday mornings.
  - There will be no more than two (2) practices per week.
  - For a player to participate in weekly game you must attend practice a minimum of once a week. Practice will not exceed two (2) hours.
  - All players will play an equal amount of time.
  - **ALL COACHES AND PLAYERS MUST CONDUCT THEMSELVES IN A MANNER THAT IS REFLECTIVE OF THE LEAGUE'S PHILOSOPHY AT ALL TIMES.**

**PARENTS/GUARDIANS ARE RECOMMENDED TO HAVE PARTICIPANTS HAVE A MEDICAL EXAMINATION OR SPORTS PHYSICAL PRIOR TO PARTICIATION SINCE SUCH PARTICIPATION MAY INVOLVE RIGOUROUS PHYSICAL EXERTION AND CONTACT WITH OTHER PARTICIPANTS.**