



YOGA CLASS

➤ **Mondays – Yoga w/Pilates**

Nov. 13th through Dec. 18th
7:00-8:00 p.m.

➤ **Thursdays – All Levels Yoga Flow**

Nov. 9th through Dec. 21st **(NO CLASS NOV. 23RD)**
6:00-7:00 p.m.

➤ Cassidy Theatre (Lower Level)
(6200 Pearl Rd.)

➤ Six (6) 1-hour classes

➤ \$40/6-week session – check or cash only (in person) or
credit/debit card (online)

➤ Limited openings

Registrations are being accepted at:

-Parma Hts. City Hall (6281 Pearl Rd.)

-Mondays through Fridays

-8:30 a.m. - 4:30 p.m.

-You must be registered no later than Monday, November 6th (in person)

or

online registration is available through Oct. 23rd

at www.parmaheightsoh.gov