



FLAG FOOTBALL 2019

WHO: Boys and Girls ages 5-10 (before October 15th) for the 2019 school year.

WHEN: Registration will be on Tuesday, June 25th from 4:30 p.m. to 6:30 p.m. in the lower level of Cassidy Theater, or walk into Parma Heights City Hall Recreation Department, 6281 Pearl Road - Cash or Check Accepted.
Online registration will be available (register.parmaheightsoh.gov) May 31st to July 14th - Credit Card Accepted.

FEE: Cost will be \$40.00 due at the time of registration.

If you have any questions you can contact us at 440-884-9606 or recreation@parmaheightsoh.gov

-
- Practice starts in the month of August, games will be played in September and October.
 - Regular season games will be played at N.E.O. Soccer (6200 Pearl Road). All games will be on Saturday mornings.
 - There will be no more than two (2) practices per week.
 - For a player to participate in weekly game you must attend practice a minimum of once a week. Practice will not exceed two (2) hours.
 - All players will play an equal amount of time.
 - **ALL** COACHES AND PLAYERS MUST CONDUCT THEMSELVES IN A MANNER THAT IS REFLECTIVE OF THE LEAGUE'S PHILOSOPHY AT ALL TIMES.

PARENTS/GUARDIANS ARE RECOMMENDED TO HAVE PARTICIPANTS HAVE A MEDICAL EXAMINATION OR SPORTS PHYSICAL PRIOR TO PARTICIATION SINCE SUCH PARTICIPATION MAY INVOLVE RIGOUROUS PHYSICAL EXERTION AND CONTACT WITH OTHER PARTICIPANTS.