



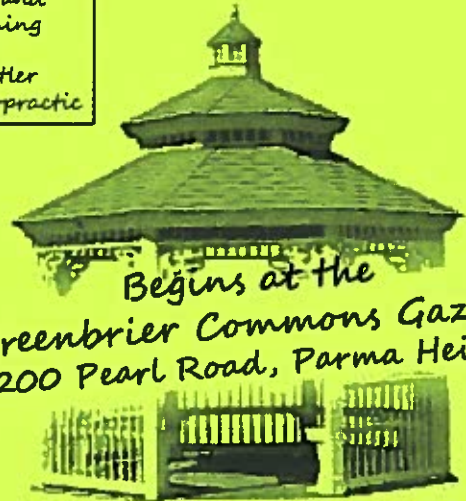
GAZEBO GALLOP

5K Run & 1 Mile Walk plus Kids Dash

~SPONSORED BY~



Pre-race taping and
post-race stretching
courtesy of
Dr. Frank Dachtler
Health Source Chiropractic



Begins at the
Greenbrier Commons Gazebo
6200 Pearl Road, Parma Heights

SUNDAY ☀ 9:00 a.m. AUGUST 5, 2018

Pre-Registration mail-in forms must be received
by Wednesday, August 1, 2018

\$20/Adults (\$25 day of race) \$15/Kids 12 & under

Online registration closes Friday, August 3, 2018 at 9:00 a.m.

Registration & packet pick-up day of race 7:30 a.m.

Register online: www.hermescleveland.com

Questions? Call 216.623.9933



5K AWARDS

Top Overall Male & Female
Top Overall Male & Female Masters
Top 3 Male/Female in these Age Divisions:
14 & under, 15-19, 20-24, 25-29,
30-34, 35-39, 40-44, 45-49, 50-54,
55-59, 60-64, 65 & over



Save \$5 off registration fee
with donation to the
Parma Heights Food Pantry
before race day
6285 Pearl Road #30
440.842.6491

All participants receive a FREE
ice cream cone from
East Coast Custard

I hereby understand that upon my entry to the Parma Heights Gazebo Gallop 5K Run/Walk, I waive any and all claim for damages that I may have against Hermes Sports & Events and the City of Parma Heights, promoters, sponsors or any individual involved in the production of this race in regards to any and all injuries suffered by me while running, in transit to and from, or participating in this event for myself, my heirs, executors and/or assignors. I further attest that I am physically fit and have sufficiently prepared for this event. I will additionally permit the use of my name and/or pictures in the City of Parma Heights publications or social media.

Name: _____ Phone: _____

Address _____ City/State/Zip _____

D.O.B. ____/____/____ Age on Race Day: _____ Gender: Male Female

X _____ Email: _____
Participant's signature (or Parent/Guardian if under 18)

5K Run/Walk 1 Mile Walk Kids Dash T-Shirt Size: YS YM YL S M L XL XXL

Make check payable and mail to:

Hermes Sports & Events; 2425 W. 11th Street, Suite 2; Cleveland, OH 44113 \$20 Adult \$15 Kids under 12